

WHO IS SHIATSU BODYWORK ACADEMY FOR?



Welcome to Shiatsu Bodywork Academy, where we offer a range of transformative courses and services in the art of Shiatsu bodywork.

This flow chart is designed to help you discover which of our courses and services are best suited to your interests and needs. Whether you are a beginner seeking personal growth, a healthcare professional looking to enhance your practice, or simply someone eager to explore the world of Shiatsu, we have something for everyone.

STEP ONE
1

Are you new to Shiatsu bodywork or experienced?

EXPERIENCED

Have you received formal Shiatsu training before?

NO

- ✓ Explore our "Seasonal Shiatsu Retreat Series" for more inspiration for your shiatsu journey, or
- ✓ Consider joining our 1-year "Certificate in Shiatsu" or 3 year "Diploma in Shiatsu Therapy" course for those with some basic knowledge.

YES

- ✓ Consider joining our free "Healers & Practitioners Collective" > connect, learn, and teach
- ✓ Consider refreshing your practise with a weekend course from our "Seasonal Shiatsu Retreat Series"

NEW

- ✓ Explore our next introductory "Shiatsu Retreat" weekend for beginners.
- ✓ Try Shiatsu: We recommend you receive some Shiatsu Sessions from qualified practitioners, to experience what Shiatsu feels like...

STEP TWO
2

What is your main purpose for learning Shiatsu?

PERSONAL GROWTH & SELF-CARE

- ✓ Discover our "Seasonal Shiatsu Retreats" series, and align your focus on relaxation, self-care, and mindfulness in Shiatsu

PROFESSIONAL DEVELOPMENT

Are you a healthcare or bodywork professional?

NO

- ✓ Check out our "Seasonal Shiatsu Retreats" Series as a first starting point, or
- ✓ Consider our "Shiatsu Practitioner Certification" program.

YES

- ✓ Our "Certificate in Shiatsu" training is a designed for you. As a stand-alone 1st year of the diploma training, this certificate prepares you to put your shiatsu skills into practice within your existing healing modalities.

GENERAL INTEREST & EXPLORATION

- ✓ Join our next introductory weekend in the "Seasonal Shiatsu Retreat Series" for a taste of the practice.

STEP THREE
3

Contact us:

Congratulations! You've identified the perfect course, service or shiatsu pathway for you.

Reach out to us via email or phone to enroll or book a session. Don't hesitate to ask any questions or clarify details.

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